

January 2021

SUN	MON	TUES	WED	THURS	FRI	SAT
Breakfast: Choice of Skim/1% milk Lunch: Choice of Skim/1% , Skim Chocolate milk	All Bread products are whole grain				1	2 Menu may change at any time due to availability of items
3	4 No School	5 Breakfast pizza, Cereal, Fruit Chicken nuggets, Mixed vegetable, Mixed Lettuce, Caesar salad, Bread/butter, Carrots, Celery, Broccoli, Applesauce, Peaches	6 French toast, Sausage or Cereal, Fruit Potatoes & Ham, Dinner roll, Mixed Lettuce, Lemon salad, Carrots, Cucumbers, Peas, Pineapple, Peaches	7 Egg patty, Toast, Cereal, Fruit, Yogurt Chicken noodle soup, Crackers, Cheese sandwich, Mixed lettuce, Colelaw, Carrots, Broccoli, Cauliflower, Mandarin oranges, Pears	8 Donut, Cereal, Fruit Maid-rite/Bun, Baked beans, Mixed Lettuce, Potato salad, Carrots, Celery, Peppers, Applesauce, Peaches	9
10	11 Muffin, Cereal, Fruit Chicken patty/Bun, Green beans, Mixed Lettuce, Caesar salad, Carrots, Broccoli, Celery, Mixed Fruit, Pears	12 Bagels, Cereal, Fruit, Yogurt parfaits Mini Corn Dogs, Broccoli, Mixed Lettuce, Apple salad, Cauliflower, Cucumbers, Celery, Banana	13 Coffee cake, Cereal, Fruit, Juice Taco/Tortilla shell, Rice & Beans, Mixed Lettuce, Pea salad, Carrots, Broccoli, Celery, Peaches, Pears	14 Toast, Cereal, Fruit, Yogurt smoothy Sausage pizza, Peas & Carrots, Mixed Lettuce, Spinach salad, Broccoli, Peppers, Carrots, Applesauce, Strawberries	15 No School	16
17	18 Pancakes & Sausage or Cereal, Fruit BBQ Chicken/Bun, Carrots, Mixed Lettuce, Broccoli salad, Cauliflower, Celery, Tomato, Mandarin Oranges, Mixed Fruit	19 Scrambled Eggs, Toast, Fruit, Juice Spaghetti w/Meatballs, Garlic Bread, Mixed Lettuce, Caesar salad, Carrots, Broccoli, Celery, Applesauce, Peaches	20 Cinnamon rolls, Cereal, Fruit, Yogurt Popcorn Chicken, Mixed vegetables, B/B, Mixed Lettuce, Spinach salad, Cauliflower, Carrots, Broccoli, Pears, Pineapple	21 Toast, Cereal, Fruit, Yogurt parfaits Hot Dog/Bun, French Fries, Mixed Lettuce, Coleslaw, Carrots, Peppers, Tomato, Peaches, Pears	22 Sweetbreads, Cereal, Fruit Cheese Pizza, Mixed vegetables, Mixed Lettuce, Cherry salad, Carrots, Broccoli, Celery, Apricots, Raisins, Applesauce	23
24	25 Pop-tarts, Cereal, Fruit, Yogurt Breaded Pork Patty/Bun, Broccoli w/Cheese, Mixed Lettuce, Casaer salad, Carrots, Peppers, Cauliflower, Orange slices	26 Toast, Cereal, Fruit, Juice Chicklen strips, Mashed Potatoes, B/B, Mixed Lettuce, Pea salad, Celery, Broccoli, Cucumbers, Applesauce, Mixed Fruit	27 Waffles & Sausage or Cereal, Fruit Pizza pasta Casserole, Breadsticks, Mixed Lettuce, Spinach salad, Carrots, Broccoli, Cauliflower, Mandarin Oranges, Pears	28 Oatmeal, Toast, Fruit Hamburger/Bun, Potato, Mixed Lettuce, Cabbage salad, Carrots, Celery, Tomato, Pickles, Onion, Apples slices	29 Egg muffin, Cereal, Fruit, Yogurt Smoothy Chicken Quesadilla, Italian blend Vegetables, Mixed Lettuce, Cottage cheese, Carrots, Celery, Cucumbers, Peaches, Pears	30 USDA is an equal opportunity provider and employer
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