

## September

Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
USDA is an equal opportunity provider and employer	All bread products served are whole grain				
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>No School Labor Day</b>	Waffles & Sausage or Cereal, Fruit Grilled Chicken/Bun, Broccoli w/cheese, Mixed Lettuce, Caesar salad, Carrots, Celery, Peppers, Mandarin Oranges, Applesauce	Ham & Cheese Biscuit, Cereal, Fruit, Juice Crispito w/Cheesesauce, Corn, Mixed Lettuce, Pea salad, Broccoli, Carrots, Olives, Cantelope, Pears	Toast & Jelly, Cereal, Yogurt Parfaits, Fruit Lasagna, Garlic bread, Mixed Lettuce, Orange salad, Carrots, Celery, Peppers, Grapes, Pineapple	Donut, Cereal, Fruit Pepperoni Pizza, Carrots, Mixed Lettuce, Caesar salad, Tomato, Broccoli, Garbanzo beans, Watermelon, Peaches	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Scrambled egg & Ham slice or Cereal, Fruit Chicken Drummies, Peas, B&B, Mixed Lettuce, Spinach salad, Carrots, Peppers, Cucumbers, Applesauce, Fresh fruit	Toast, Cereal, Juice, Yogurt Hamburger/Bun, Sweet Potato fries, Mixed Lettuce, Pasta salad, Broccoli, Cauliflower, Tomato, Strawberries, Peaches	Pancakes & Sausage or Cereal, Fruit Mini Corn dogs, Corn, Mixed Lettuce, Chop chop salad, Carrots, Cucumbers, Peppers, Apple slices	Omelet, Toast, Cereal, Juice, Fruit BBQ Chicken/Bun, Baked Beans, Mixed Lettuce, Lemon salad, Carrots, Cauliflower, Peas, Mandarin Oranges, Mixed Fruit	Cinnamon Roll, Cereal, Fruit Garlic Cheese bread, Green beans, Mixed Lettuce, Caesar salad, Carrots, Celery, Tomato, Cantelope, Pineapple	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Muffin, Cereal, Fruit, Yogurt Chiccek Quesadilla, Corn, Mixed Lettuce, Potato salad, Carrots, Celery, Peppers, Grapes, Peaches	Pancakes on a stick or Cereal, Fruit, Yogurt Ham & Potaotes, B/B, Mixed Lettuce, Cherry salad, Broccoli, Cauliflower, Garbanzo beans, Banana	<b>NO SCHOOL</b> <b>Professional Development Day</b>	Toast, Cereal, Yogurt parfaits, Fruit Italian Chicken patty/Bun, Broccoli, Lettuce, Caesar salad, Carrots, Peppers, Cucumbers, Watermelon, Pears	Breakfast Pizza, Cereal, Yogurt Smoothy, Fruit Sausage pizza, Mixed Vegetables, Mixed Lettuce, Cabbage salad, Carrots, Broccoli, Celery, Mandarin Oranges, Applesauce	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Scrambled eggs, Toast, Cereal, Fruit Turkey Wrap, Cowboy Beans, Mixed Lettuce, Pasta salad, Yellow Squash, Carrots, Celery, Orange slices	Cereal, Toast, Fruit, Yogurt Parfaits Hot Dog/Bun, Corn, Mixed Lettuce, Caesar salad, Carrots, Broccoli, Garbanzo beans, Applesauce, Peaches	Coffee cake, Cereal, Fruit, Juice Pizza Pasta Casserole, Breadstick, Mixed Lettuce, Apple salad, Carrots, Caulfower, Cucumbers, Mandarin Oranes, Pears	French toast & Sausage or Cereal, Fruit, Teriyaki Chicken/Rice, Italian blend vegetables, Mixed Lettuce, Cabbage salad, Broccoli, Celery Peppers, Apple slices	Banana Bread, Cereal, Fruit, Yogurt Maid-rite/Bun, Tri-tator, Mixed Lettuce, Cottage cheese, Cauliflower, Broccoli, Carrots, Watermelon, Mixed Fruit	<b>29</b>
<b>30</b>	Omelet, Toast, Cereal, Fruit Breaded Pork Patty/Bun, Peas, Mixed Lettuce, Spinach salad, Carrots, Broccoli, Cauliflower, Pears, Peaches Breakfast: choice of skim or 1% milk Lunch: choice of skim, 1%, or skim chocolate milk Tues & Thurs. MS/HS also has the option for 100% orange juice				