

Summer foods Menu  
Newell-Fonda Commons      Fonda City Park  
11:30-12:15

June 2019						
◀ May 2019						Jul 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Students- Free Adults-\$3.75</b>				<b>USDA is an equal opportunity provider and employer</b>	<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b> Hamburger- 2.10 oz/Bun-3 oz Potato-1/2 c Cauliflower-1/2 c. Carrots-1/2 c Mandarin oranges-1/2 c. Strawberries- 1/2 c Skim/Choc milk- 1 c	<b>11</b> Pepperoni pizza-4.48 oz Lettuce salad- 1/2 c Carrots- 1/2 c. Broccoli- 1/2 c Grapes- 1/2 c. Peaches- 1/2 c Skim/Choc milk-1 c	<b>12</b> Mini Corn dogs- 6 =4 oz Corn-1/2 c Pasta salad- 1/2 c. Carrots- 1/2 c Pears-1/2 c. Cantelope-1/2 c Skim/Choc milk-1 c	<b>13</b> Hot Ham & Cheese/Bun 3/3oz Green beans-1/2 c Carrots-1/2 c Broccoli-1/2 c Applesauce-1/2 c. Grapes-1/2 c Skim/Choc milk-1 c	<b>14</b> Chicken nuggets-5 =2 oz Broccoli w/cheese-1/2 c Celery-1/2 c Cauliflower-1/2 c Watermelon-1/2 c Cantelope-1/2 c Skim.Choc milk-1 c	<b>15</b>
<b>16</b>	<b>17</b> Spaghetti w/Meatsauce-1/2 c Breadstick-1 Lettuce-1/2 c Broccoli-1/2 c Peaches-1/2 c. Grapes-1/2 c Skim/Choc milk-1 c	<b>18</b> Chicken Patty-3 oz/Bun-3 oz Mixed vegetables-1/2 c Cucumbers-1/2 c Carrots-1/2 c Cantelope-1/2 c Applesauce-1/2 c Skim/Choc milk-1 c	<b>19</b> Tortilla- 1. Taco meat-3 oz Corn-1/2 c Lettuce/Tomato/Olives-1/2 c Carrots-1/2 c Celery-1/2 c Watermelon-1/2 c Peaches-1/2 c Skim/Choc milk-1 c	<b>20</b> Italian Chicken patty-3 oz/Bun -3 oz Peas-1/2 c Broccoli-1/2 c Cauliflower-1/2 c Pears-1/2 c Strawberries-1/2 c Skim/Choc milk-1 c	<b>21</b> Hot dog-2 oz/Bun-2 oz Mixed vegetables-1/2 c Cucumbers-1/2 c Coleslaw-1/2 c Applesauce-1/2 c Fresh fruit-1/2 c Skim/Choc milk-1 c	<b>22</b>
<b>23</b>	<b>24</b> Chicken strips-3 = 3 oz Carrots-1/2 c B&B-1 slice Potato salad 1/2 c Carrots-1/2 c Orange slices Skim/Choc milk- 1 c	<b>25</b> Maid-rite- 1/2 c =3 oz/Bun-3 oz Potato-1/2 c Broccoli-1/2 c Tomato-1/2 c Grapes-1/2 c Applesauce-1/2 c Skim.Choc milk-1 c	<b>26</b> Pizza casserole-1/2 c Garlic bread- 1 slice Lettuce-1/2 c Broccoli-1/2 c. Carrots-1/2 c Pears-1/2 c Watermelon-1/2 c Skim/Choc milk-1 c	<b>27</b> Sub sandwich- 3 oz/3 oz Baked beans-1/2 c Pasta salad-1/2 c Peppers-1/2 c Cucumbers-1/2 c Pears-1/2 c. Cantelope-1/2 c Skim/Choc milk-1 c	<b>28</b> Mr Rib=3 oz/Bun-3 oz Green beans-1/2 c Broccoli-1/2 c Carrots-1/2 c Applesauce-1/2 c Fresh fruit-1/2 c Skim/Choc milk-1 c	<b>29</b>
<b>30</b>						

