

March

Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
				1 Cinnamon Roll, Cereal, Fruit	2
				Grilled Chicken, Tri-tater, Lettuce, Orange salad, Carrots, Broccoli, Cauliflower, Tomato, Onion, Strawberries, Peaches	3
4 Pancakes & Sausage or Cereal, Fruit	5 Toast, Cereal, Yogurt Parfaits, Fruit	6 Muffin, Cereal, Fruit, Yogurt	7 Toast, Egg patty, Cereal, Fruit	8 Donut, Cereal, Juice, Fruit	9
Hot Dog/Bun, Baked Beans, Mixed lettuce, Coleslaw, Carrots, Cucumbers, Celery, Applesauce, Peaches	Chicken Egg rolls, Vegetable Fried Rice, Mixed lettuce, Spinach salad, Carrots, Cauliflower, Peppers, Orange slices	Macaroni & Cheese, Peanut butter sandwich, Green beans, Mixed lettuce, Carrots, Cucumbers, Grapes, Pineapple	BBQ Chicken/Bun, Mixed Vegetables, Mixed lettuce, Gelatin salad, Peppers, Celery, Broccoli, Pears, Mandarin oranges	Cheese Pizza, Mixed Lettuce, Caesar salad, Carrots, Broccoli, Peppers, Applesauce, Apricots, Pears	10
11 Coffecake, Cereal, Fruit	12 Toast & jelly, Cereal, Yogurt smoothy, Fruit	13 Waffles & Sausage or Cereal, Fruit	14 Biscuit & Gravy, Cereal, Fruit, Juice	15 No School	16
Hot Ham & Cheese/Bun, Mixed Vegetables, Mixed lettuce, Caesar salad, Carrots, Peppers, Peas, Mandarin Oranges, Pears	Spaghetti w/Meatsauce, Breadstick, Mixed lettuce, Ramen Noodle salad, Broccoli, Carrots, Celery, Applesauce, Grapes	Breaded Pork Patty/Bun, Broccoli w/cheese, Mixed lettuce, Spinach salad, Carrots, Celery, Garbanzo Beans, Banana	Pepperoni Pizza, Mixed lettuce, Potato salad, Carrots, Broccoli, Peppers, Applesauce, Peaches		17
18 Muffin, Cereal, Fruit, Yogurt	19 Bagels & Cream cheese, Cereal, Fruit	20 Toast, Omelet, Cereal, Yogurt, Juice	21 English muffin, Cereal, Yogurt Parfaits, Fruit	22 Pop-tarts, Cereal, Fruit, Juice	23
Italian Chicken Patty, Corn, Mixed lettuce, Cherry salad, Carrots, Broccoli, Celery, Peaches, Pears	Nachos, Spanish Rice, Lettuce, Pasta salad, Tomato, Olives, Salsa, Carrots, Cauliflower, Applesauce, Strawberries	Mini Corn dogs, Baked Beans, Mixed lettuce, Coleslaw, Broccoli, Celery, Peppers, Mandarin oranges, Mixed Fruit	Chicken Drummys, Peas, B/B, Mixed lettuce, Cottage cheese, Carrots, Broccoli, Celery, Watermelon, Pears	Cheesy Garlic Parmesan Flat bread, Peas & Carrots. Mixed lettuce, Caesar salad, Cucumbers, Peppers, Celery, Applesauce, Peaches, Cookie	24
25 Pancakes on a stick, Cereal, Fruit	26 Toast & Jelly, Cereal, Yogurt, Fruit	27 Breakfast boats, Cereal, Fruit, Juice	28 Toast & jelly, Cereal, Yogurt Parfaits, Fruit	29 Banana bread, Cereal, Fruit, Juice	30
Chicken Patty/Bun, Broccoli, Mixed lettuce, Apple salad, Carrots, Tomatoes, Cauliflower, Grapes, Pears	Pizza pasta Casserole, Garlic bread, Mixed lettuce, Caesar salad, Broccoli, Peppers, Celery, Apple slices	Chicken Quesadilla, Fiesta Corn, Mixed lettuce, Broccoli salad, Carrots, Cauliflower, Cucumbers, Applesauce, Mandarin oranges	Hamburger/Bun, French fries, Mixed Lettuce, Spinach salad, Carrots, Broccoli, Tomato, Onion, Pickles, Peaches, Pears	Fish shapes, Green beans, B/B, Mixed lettuce, Lemoin salad, Broccoli, Celery, Peppers, Pineapple, Raisins, Apricots	31
	Breakfast: choice of skim or 1% milk Tues & Thurs. MS/HS also has the option for 100% orange juice All bread products served are whole grain. USDA is an equal opportunity provider and employer				