

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
				1 Sausage & Cheese biscuit, Cereal, Fruit Pepperoni Pizza, Lettuce, Potato salad, Carrots, Broccoli, Celery, Peaches, Raisins, Mixed Fruit, Cookie	2 3
4 Waffles & Sausage or Cereal, Fruit Turkey Wraps, Cowboy Beans, Mixed Lettuce, Pea salad, Carrots, Celery, Salsa, Olives, Cheese, Mandarin Oranges, Pears	5 Toast, Cereal, Yogurt Parfaits, Fruit Hamburger/Bun, Carrots, Lettuce, Spinach salad, Carrots, Broccoli, Tomato, Pickles, Applesauce, Pineapple	6 Toast, Omelet, Cereal, Juice, Fruit Chicken strips, Mashed Potatoes, B&B, Mixed Lettuce, Lemon salad, Carrots, Cauliflower, Celery, Peaches, Mixed Fruit	7 Muffin, Cereal, Fruit, Yogurt Elem: Popcorn Chicken MS/HS: Teriyaki Chicken/Rice, Broccoli, Lettuce, Chop-chop salad, Tomato, Peppers, Celery, Strawberries, Apricots, Pears	8 Donuts, Cereal, Fruit Walking Taco, Corn, Lettuce, Caesar salad, Tomato, Olives, Salsa, Cheese, Carrots, Broccoli, Cucumbers, Orange slices	9 10
11 Scrambled Eggs, Toast, or Cereal, Fruit Mr. Rib/bun, Broccoli w/cheese, Mixed lettuce, Apple Salad, Carrots, Peppers, Garbanzo beans, Applesauce, Peaches	12 Toast, Hot Cereal, Yogurt, Fruit Chicken Egg roll, Vegetable Fried Rice, Mixed Lettuce, Spinach salad, Carrots, Broccoli, Cauliflower, Apple slices	13 Pancakes & Sausage or Cereal, Fruit Fish patty/Bun, Corn, Lettuce, Caesar salad, Carrots, Peppers, Celery, Mandarin Oranges, Pears	14 Bagels & Cream Cheese, Cereal, Fruit, Juice Beef & Noodles, Green Beans, Dinner roll, Lettuce, Cabbage salad, Carrots, Broccoli, Cucumbers, Peaches, Mixed Fruit	15 <p style="text-align: center;">No School PD Day</p>	16 17
18 <p style="text-align: center;">No School President's Day</p>	19 Egg & Sausage biscuit, Cereal, Fruit, Juice Chicken Patty/Bun, Corn, Mixed Lettuce, Pea salad, Carrots, Broccoli, Cucumbers, Banana	20 French Toast, Sausage or Cereal, Fruit Chicken Alfredo, Broccoli, Breadstick, Mixed Lettuce, Spinach salad, Carrots, Celery, Cauliflower, Mandarin Oranges, Pears	21 Toast, Cereal, Yogurt Smoothy, Juice Mini Corn Dogs, Mixed vegetables, Mixed Lettuce, Pasta salad, Broccoli, Peppers, Black beans, Peaches, Pineapple	22 Banana or Apple Bread, Cereal, Fruit, Yogurt Cheese Pizza, Mixed Lettuce, Cottage cheese, Carrots, Broccoli, Cauliflower, Applesauce, Mixed Fruit	23 24
25 Muffin, Cereal, Fruit, Yogurt Crispito w/ Cheesesauce, Spanish Rice, Lettuce, Broccoli Raisin salad, Carrots, Peppers, Celery, Salsa, Olives, Peaches, Pears	26 Toast, Egg Patty, Cereal, Fruit, Juice Breaded Pork patty/Bun, French fries, Lettuce, Spinach salad, Broccoli, Cauliflower, Garbanzo beans, Applesauce, Mixed Fruit	27 Egg Casserole, Cereal, Fruit, Juice Chicken Nuggets, Mixed Vegetables, B&B, Mixed Lettuce, Pasta salad, Carrots, Peppers, Celery, Mandarin Oranges, Pears	28 English muffin, Cereal, Fruit Goulash, Garlic bread, Mixed Lettuce, Caesar salad, Carrots, Broccoli, Cucumbers, Orange slices		
Breakfast: choice of skim or 1% milk Lunch: choice of skim, 1%, or skim chocolate milk Tues & Thurs. MS/HS also has the option for 100% orange juice All bread products served are whole grain. USDA is an equal opportunity provider and employer					