

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
All bread products are whole grain					1
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3 French toast & Sausage or Cereal, Fruit Chicken Quesadilla, Rice & Beans, Mixed Lettuce, Cabbage salad, Broccoli, Peppers, Cauliflower, Mandarin Oranges, Pears	4 Bagels & Cream Cheese, Cereal, Yogurt Smoothy, Fruit Breaded Pork Patty/Bun, Broccoli, Mixed Lettuce, Pasta salad, Carrots, Cauliflower, Celery, Applesauce, Apricots, Raisins	5 Coffee cake, Cereal, Fruit, Juice Corn Dogs, Green Beans, Lettuce, Caesar salad, Broccoli, Carrots, Garbanzo beans, Peaches, Strawberries	6 Toast & Jelly, Cereal, Fruit, Yogurt Parfaits Elem: Popcorn Chicken, MS/HS: Chicken Egg roll, Fried Rice, Lettuce, Spinach salad, Carrots, Peppers, Cucumbers, Banana	7 Breakfast Pizza, Cereal, Fruit French dip w/Aujus, Tri-tators, Lettuce, Coleslaw, Carrots, Broccoli, Peppers, Mandarin Oranges, Pears, Cookie	8
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10 Coffee cake, Cereal, Fruit Mr. Rib/Bun, Broccoli w/cheese, Lettuce, Caesar salad, Carrots, Cauliflower, Tomato, Applesauce, Pineapple	11 Toast & Jelly, Omelet, Cereal, Juice, Fruit Cheese bread, Marinara sauce, Mixed Lettuce, Spinach salad, Broccoli, Celery, Cucumbers, Oranges	12 Pancakes & Sausage or Cereal, Fruit Holiday meal: Turkey, Mashed Potatoes/Gravy, Dressing, Dinner roll, Sweet potatoes, Assorted Veggies, Cranberry sauce, Pistachio salad	13 Toast & Jelly, Cereal, Fruit Chicken strips, Mixed vegetables, B/B, Mixed Lettuce, Broccoli Salad, Carrots, Celery, Peppers, Mandarin Oranges, Applesauce	14 Egg Muffin, Cereal, Fruit, Yogurt Smoothy Ham or Egg salad Sandwich, Macaroni & Cheese, Lettuce, Cabbage salad, Carrots, Broccoli, Cucumbers, Pineapple, Peaches	15
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17 Waffles & Sausage or Cereal, Fruit Crispito w/Cheesesauce, Mexi Corn, Mixed lettuce, Lemon salad, Broccoli, Carrots, Salsa, Olives, Tomato, Mandarin Oranges, Pears	18 Toast & Jelly, Cereal, Yogurt Parfaits, Fruit Chicken & Noodles, Peas, B/B, Lettuce, Spinach salad, Broccoli, Celery, Garbanzo beans, Peaches, Applesauce	19 Pop-tarts, Cereal, Juice, Fruit Chili, Crackers, Cheese sandwich, Carrots, Broccoli, Cucumbers, Tomato, Celery, Banana	20 Toast, Omelet, Cereal, Fruit Hot Dog/Bun, Baked Beans, Lettuce, Cabbage salad, Carrots, Broccoli, Cauliflower, Pineapple, Peaches	21 Donut, Cereal, Fruit Pepperoni Pizza, Mixed Lettuce, Caesar salad, Carrots, Broccoli, Cucumbers, Mandarin Oranges, Pears, Treat	22
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24 No School	25 No School	26 No School	27 No School	28 No School	29
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31	Breakfast: choice of skim or 1% milk Lunch: choice of skim, 1%, or skim chocolate milk Tues & Thurs. MS/HS also has the option for 100% orange juice USDA is an equal opportunity provider and employer				