

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
<p>All grain products served are whole grain. USDA is an equal opportunity provider and employer</p>	<p>Breakfast choice of Skim or 1% milk</p> <p>Lunch choice of Skim, Skim Chocolate or 1% milk- Tu & Th MS/HS has the choice of Orange juice</p>		<p>1</p> <p>Toast & jelly, Hot Cereal, Fruit</p> <p>Nachos, Lettuce, Pasta salad, Carrots, Cauliflower, Broccoli, Tomato, Olives, Salsa, Peaches, Mixed Fruit</p>	<p>2</p> <p>Donuts, Cereal, Fruit, Yogurt</p> <p>Garlic Cheese bread, Green beans, Lettuce, Caesar salad, Cucumbers, Garbanzo beans, Broccoli, Strawberries, Pears</p>	<p>3</p>
	<p>5</p> <p>Egg & Cheese Biscuit, Cereal, Fruit</p> <p>Chicken Drummies, Peas, B/B, Mixed Lettuce, Caesar salad, Carrots, Peppers, Cucumbers, Apples</p>	<p>6</p> <p>Toast & Jelly, Cereal, Juice, Fruit</p> <p>Hamburger/Bun, Sweet Potato fries, Lettuce, Pasta salad, Broccoli, Cauliflower, Tomato, Onion, Peaches, Strawberries</p>	<p>7</p> <p>French toast sticks & Sausage or Cereal, Fruit</p> <p>Chicken Fajita, Tortilla, Mixed Lettuce, Spinach salad, Carrots, Celery, Salsa, Olives, Cheese, Applesauce, Mandarin oranges</p>	<p>8</p> <p>Scrambled Eggs, Toast, Cereal, Fruit</p> <p>Popcorn Chickn, Broccoli, B/B, Mixed lettuce, Fruit salad, Carrots, Cauliflower, Peppers, Peaches, Pears</p>	<p>9</p> <p>Cinnamon Roll, Cereal, Fruit</p> <p>Pepperoni Pizza, Lettuce, Cottage cheese, Carrots, Broccoli, Cucumbers, Cookie, Peaches, Pears</p>
<p>12</p> <p style="text-align: center;">No School</p> <p style="text-align: center;">PD Day</p>	<p>13</p> <p>Pancakes & Sausage or Cereal, Juice, Fruit</p> <p>Turkey wrap, Cowboy Beans, Mixed lettuce, Pea salad, Carrots, Celery, Salsa, Olives, Cheese, Grapes, Peaches</p>	<p>14</p> <p>Bagels & Cream cheese, Cereal, Fruit, Yogurt</p> <p>Goulash, B/B, Mixed lettuce, Spinach salad, Cucumbers, Peppers, Carrots, Applesauce, Pears</p>	<p>15</p> <p>Toast & jelly, Cereal, Fruit/Yogurt smoothy, Fruit</p> <p>Chicken Nuggets, Corn, Mixed Lettuce, Caesar salad, Cauliflower, Carrots, Broccoli, Mandarin Oranges, Mixed Fruit</p>	<p>16</p> <p>Muffin, Cereal, Fruit</p> <p>Ham, Tuna or Peanut butter sandwich, Potato Casserole, Mixed Lettuce, Gelatin salad, Celery, Carrots, Broccoli, Applesauce, Peaches</p>	<p>10</p>
	<p>19</p> <p>Scrambled Eggs, Toast & Jelly or Cereal, Fruit</p> <p>BBQ Chicken/Bun, Carrots, Mixed lettuce, Apple salad, Cauliflower, Broccoli, Peppers, Mandarin Oranges, Applesauce</p>	<p>20</p> <p>Waffles & Sausage or Cereal, Fruit, Juice</p> <p>Mini Corn Dogs, Corn, Lettuce, Caesar salad, Carrots, Broccoli, Garbanzo beans, Applesauce, Peaches</p>	<p>21</p> <p>Toast & jelly, Hot cereal, Yogurt Parfaits, fruit</p> <p>Pizza Pasta Casserole, Breadstick, Mixed lettuce, Broccoli salad, Carrots, Celery, Peppers, Pears, Peaches, Raisins</p>	<p>22</p> <p style="text-align: center;">No School</p>	<p>11</p>
<p>26</p> <p>Pancake on a stick, Cereal, Fruit</p> <p>Teriyaki Chicken/Rice, Italian blend Vegetables, Lettuce, Cabbage salad, Carrots, Peas, Cauliflower, Pears, Strawberries</p>	<p>27</p> <p>Toast & Jelly, Cereal, Fruit, Juice</p> <p>Maid-rite/Bun, Green Beans, Lettuce, Potato salad, Broccoli, Celery, Cucumbers, Peaches, Mixed Fruit</p>	<p>28</p> <p>Omelet, Toast & jelly, Cereal, Fruit</p> <p>Chicken Strips, Broccoli w/ Cheese, Mixed Lettuce, Pasta salad, B/B, Celery, Cucumbers, Carrots, Banana</p>	<p>29</p> <p>Coffee cake, Cereal, Yogurt Parfaits, Fruit</p> <p>Pizza soup, Ham sandwich, Lettuce, Spinach salad, Tomato, Pickles, Carrots, Broccoli, Applesauce, Mandarin Oranges</p>	<p>30</p> <p>Breakfast Nachos, Cereal, Fruit</p> <p>Sausage pizza, Mixed Lettuce, Cottage cheese, Carrots, Peppers, Celery, Cauliflower, Cookie, Peaches, Pears, Apricots</p>	<p>17</p>
					<p>18</p>
					<p>24</p>
					<p>25</p>