

September

Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
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					2
3	4	5	6	7	8
	Waffles & Sausage or Cereal, Fruit	Ham & Cheese Croissant, Cereal, Fruit, Juice	Toast & Jelly, Cereal, Yogurt Parfaits, Fruit	Biscuits & Gravy, Cereal, Fruit	
No School Labor Day	Crispito w/ cheesesauce, Mixed vegetables, Lettuce, Spinach salad, Tomato, Olives, Salsa, Carrots, Broccoli, Cantelope, Pears	Grilled Chicken sandwich, Broccoli w/cheese, Mixed Lettuce, Caesar salad, Broccoli, Peppers, Mandarin Oranges, Applesauce	Lasagna, Garlic bread, Mixed Lettuce, Pea salad, Carrots, Cauliflower, Tomato, Cottage cheese, Grapes, Peaches	Hot Dog/Bun, Cowboy beans, Mixed Lettuce, Coleslaw, Carrots, Broccoli, Pineapple, Raisins, Applesauce	9
10	11	12	13	14	15
Egg & Cheese Biscuit, Cereal, Fruit	Toast & Jelly, Cereal, Juice, Yogurt	French toast & Sausage or Cereal, Fruit	Omelet, Toast, Cereal, Yogurt Smoothy, Fruit	Cinnamon Roll, Cereal, Fruit	
Chicken Drummies, Peas, B&B, Mixed Lettuce, Caesar salad, Carrots, Peppers, Cucumbers, Apple slices	Hamburger/Bun, Sweet Potato fries, Lettuce, Pasta salad, Broccoli, Cauliflower, Tomato, Onion, Cheese, Strawberries, Peaches	Chicken Fajita/Tortilla, Mixed Vegetables, Lettuce, Spinach salad, Carrots, Celery, Salsa, Olives, Cheese, Applesauce, Mandarin Oranges	Elem: Pop corn Chicken MS/HS: Mandarin Chicken/Rice, Broccoli, Lettuce, Carrots, Cauliflower, Banana	Cheese bread/Marinara sauce, Lettuce, Caesar salad, Carrots, Peppers, Broccoli, Watermelon, Pears	16
17	18	19	20	21	22
Muffin, Cereal, Fruit, Yogurt	Pancakes & Sausage or Cereal, Fruit	NO SCHOOL	Toast & Jelly, Cereal, Yogurt parfaits, Fruit	Banana bread, Cereal, Juice, Fruit	
Turkey wrap, Baked Beans, Mixed Lettuce, Potato salad, Carrots, Celery, Salsa, Olives, Cheese, Grapes, Peaches	Ham & Potatoes, Dinner roll, Mixed Lettuce, Spinach salad, Broccoli, Cauliflower, Garbanzo beans, Applesauce, Pears	Professional Development Day	Italian Chicken patty/Bun, Broccoli w/cheese, Lettuce, Caesar salad, Carrots, peppers, Celery, Cantelope, Pineapple	Sausage pizza, Mixed Lettuce, Cabbage salad, Carrots, Broccoli, Celery, Mandarin Oranges, Applesauce, Cookie	23
24	25	26	27	28	29
Scrambled eggs, Toast, Cereal, Fruit	Cereal, Fruit & Yogurt Parfaits, Fruit	Toast & Jelly, Cereal, Fruit	Pancake on a stick, Cereal, Fruit, Juice	Donuts, Cereal, Fruit, Yogurt	
BBQ Chicken/Bun, Carrots, Mixed Lettuce, Chop-chop salad, Squash, Cucumbers, Peppers, Orange slices	Mini Corn Dogs, Corn, Lettuce, Caesar salad, Carrots, Broccoli, Garbanzo beans, Applesauce, Peaches	Pizza Pasta Casserole, Garlic bread, Mixed Lettuce, Apple salad, Carrots, Broccoli, Tomato, Banana	Teriyaki Chicken/Rice, Italian blend vegetables, Lettuce, Cabbage salad, Carrots, Cucumbers, Pears, Strawberries	Maid-rite/Bun, Green beans, Lettuce, Pasta salad, Cauliflower, Broccoli, Watermelon, Mixed Fruit	30
	Breakfast: choice of skim or 1% milk Lunch: choice of skim, 1%, or skim chocolate milk Tues & Thurs. MS/HS also has the option for 100% orange juice				
	All bread products served are whole grain.				
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