

# February

Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
			<b>1</b> English muffin, Cereal, Yogurt Parfait, Fruit Chicken Drumsticks, Corn, B&B, Mixed Lettuce, Potato salad, Carrots, Peppers, Cauliflower, Peaches, Pears	<b>2</b> Egg Casserole, Cereal, Fruit Pepperoni Pizza, Lettuce, Cabbage salad, Carrots, Broccoli, Celery, Applesauce, Mixed Fruit, Cookie	<b>3</b>  <b>4</b>
<b>5</b> Pancakes & Sausage or Cereal, Fruit Turkey Wraps, Cowboy Beans, Mixed Lettuce, Pea salad, Carrots, Celery, Salsa, Olives, Cheese, Mandarin Oranges, Pears	<b>6</b> Toast, Cereal, Yogurt Parfaits, Fruit Pizza Soup, Hoagie, Crackers, Lettuce, Spinach salad, Tomato, Pickles, Carrots, Broccoli, Applesauce, Pineapple	<b>7</b> Toast, Omelet, Cereal, Juice, Fruit Chicken strips, Mashed Potatoes, B&B, Mixed Lettuce, Gelatin salad, Carrots, Broccoli, Celery, Peaches, Mixed Fruit	<b>8</b> Muffin, Cereal, Fruit, Yogurt Elem: Popcorn Chicken MS/HS: Teriyaki Chicken/Rice, Broccoli, Lettuce, Chop-chop salad, Cauliflower, Peppers, Celery, Orange slices	<b>9</b> Donuts, Cereal, Fruit Walking Taco, Rice & Beans, Lettuce, Caesar salad, Tomato, Olives, Salsa, Cheese, Carrots, Broccoli, Peppers, Strawberries, Apricots, Pears	<b>10</b>  <b>11</b>
<b>12</b> Scrambled Eggs w/Ham, Toast, or Cereal, Fruit Mr. Rib/bun, Broccoli w/cheese, Mixed lettuce, Fruit Salad, Carrots, Peppers, Garbanzo beans, Applesauce, Peaches	<b>13</b> Toast, Cereal, Yogurt, Fruit Chicken Fried Rice, Egg roll, Mixed Lettuce, Spinach salad, Carrots, Broccoli, Cauliflower, Apple slices	<b>14</b> Waffles & Bacon or Cereal, Fruit Fish patty/Bun, Corn, Lettuce, Caesar salad, Carrots, Peppers, Celery, Mandarin Oranges, Pears	<b>15</b> Bagels & Cream Cheese, Cereal, Fruit, Juice Beef & Noodles, Green Beans, Dinner roll, Lettuce, Cabbage salad, Carrots, Broccoli, Celery, Peaches, Apricots, Mixed Fruit	<b>16</b> <p style="text-align: center;"><b>No School</b> <b>PD Day</b></p>	<b>17</b>  <b>18</b>
<b>19</b> <p style="text-align: center;"><b>No School</b> <b>President's Day</b></p>	<b>20</b> Egg & Sausage biscuit, Cereal, Fruit Chicken Patty/Bun, Corn, Mixed Lettuce, Vegetable salad, Carrots, Broccoli, Tomato, Banana	<b>21</b> French Toast sticks, Sausage or Cereal, Fruit Chicken Alfredo, Broccoli, Breadstick, Mixed Lettuce, Caesar salad, Carrots, Celery, Peppers, Mandarin Oranges, Pears	<b>22</b> Toast, Cereal, Yogurt Smoothy, Juice Mini Corn Dogs, Mixed vegetables, Mixed Lettuce, Pasta salad, Broccoli, Cauliflower, Black beans, Peaches, Pineapple	<b>23</b> Coffe Cake, Cereal, Fruit, Yogurt Cheese Pizza, Mixed Lettuce, Spinach salad, Carrots, Broccoli, Cauliflower, Pasta salad, Applesauce, Mixed Fruit, Cookie	<b>24</b>  <b>25</b>
<b>26</b> Muffin, Cereal, Fruit Crispito w/ Cheesesauce, Spanish Rice, Lettuce, Broccoli Raisin salad, Carrots, Peppers, Celery, Salsa, Olives, Tomato, Peaches, Pears	<b>27</b> Toast, Egg Patty, Cereal, Fruit, Juice Hamburger/Bun, French fries, Lettuce, Pea salad, Carrots, Broccoli, Celery, Tomato, Onion, Cheese, Applesauce, Mixed Fruit	<b>28</b> Egg Casserole, Cereal, Fruit, Yogurt Juice Chicken Nuggets, Mixed Vegetables, B&B, Mixed Lettuce, Pasta salad, Carrots, Peppers, Garbanzo beans, Mandarin Oranges, Pears			
Breakfast: choice of skim or 1% milk                      Lunch: choice of skim, 1%, or skim chocolate milk Tues & Thurs. MS/HS also has the option for 100% orange juice All bread products served are whole grain.					

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