

December 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
				1 Cinnamon roll, Cereal, Yogurt, Fruit	2
				Pepperoni Pizza, Lettuce, Caesar salad, Carrots, Broccoli, Cauliflower, Strawberries, Mixed fruit, Cookie	3
4 French toast & Sausage or Cereal, Fruit Chicken Quesadilla, Rice & Beans, Mixed Lettuce, Cabbage salad, Broccoli, Peppers, Cauliflower, Mandarin Oranges, Pears	5 Bagels & Cream Cheese, Cereal, Yogurt Smoothy, Fruit Breaded Pork Patty/Bun, Broccoli, Mixed Lettuce, Pasta salad, Carrots, Cauliflower, Celery, Applesauce, Apricots, Raisins	6 Coffee cake, Cereal, Fruit, Juice Corn Dogs, Green Beans, Lettuce, Caesar salad, Broccoli, Carrots, Garbanzo beans, Peaches, Strawberries	7 Toast & Jelly, Cereal, Fruit, Yogurt Parfaits Chicken Fried Rice, Egg roll, Stir-fry Vegetables, Lettuce, Spinach salad, Carrots, Cauliflower, Broccoli, Orange slices	8 Breakfast Pizza, Cereal, Fruit Hot Ham & Cheese on Bun, Tri-tators, Lettuce, Coleslaw, Carrots, Broccoli, Peppers, Mandarin Oranges, Pears	9
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11 Waffles & Bacon or Cereal, Fruit Mr. Rib/Bun, Broccoli w/cheese, Lettuce, Caesar salad, Carrots, Cauliflower, Tomato, Applesauce, Pineapple	12 Toast & Jelly, Cereal, Yogurt Parfaits, Fruit Chicken Noodle soup, Crackers, Cheese sandwich, Lettuce, Carrots, Broccoli, Cauliflower, Celery, 3-Bean salad, Banana	13 Pancakes & Sausage or Cereal, Fruit Chicken Strips, Mixed Vegetable, Lettuce, Broccoli salad, B/B, Carrots, Celery, Peppers, Peaches, Pears	14 Toast & Jelly, Cereal, Fruit Ham, Green Bean Casserole, Dinner roll, Mixed Lettuce, Cranberry salad, Carrots, Peppers, Cauliflower, Mandarin Oranges, Pears	15 Egg Muffin, Cereal, Fruit, Yogurt Smoothy Turkey or Egg salad Sandwich, Macaroni & Cheese, Lettuce, Cabbage salad, Carrots, Broccoli, Cucumbers, Pineapple, Mixed Fruit	16
					17
18 Waffles & Sausage or Cereal, Fruit Crispito w/Cheesesauce, Rice & Beans, Mixed lettuce, Fruit salad, Broccoli, Carrots, Salsa, Olives, Tomato, Mandarin Oranges, Pears	19 Toast & Jelly, Cereal, Yogurt Parfaits, Fruit Turkey & Noodles, Peas, Dinner roll, Lettuce, Spinach salad, Broccoli, Celery, Garbanzo beans, Peaches, Applesauce	20 Pop-tarts, Cereal, Juice, Fruit Lasagna, Breadstick, Lettuce, Caesar salad, Carrots, Peppers, Cucumbers, Banana	21 English muffin, Cereal, Yogurt, Fruit Hot Dog/Bun, Baked Beans, Lettuce, Cabbage salad, Carrots, Broccoli, Cauliflower, Pineapple, Peaches	22 Donut, Cereal, Fruit Cheese Pizza, Mixed Lettuce, Pasta salad, Carrots, Broccoli, Celery, Mandarin Oranges, Pears, Treat	23
					24
25 No School	26 No School	27 No School	28 No School	29 No School	30
					31
<p>Breakfast: choice of skim or 1% milk Lunch: choice of skim, 1%, or skim chocolate milk Tues & Thurs. MS/HS also has the option for 100% orange juice All bread products served are whole grain. USDA is an equal opportunity provider and employer</p>					