

November 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
Breakfast Choice of Skim or 1% milk	Lunch choice of Skim, Skim Chocolate or 1% milk- Tu & Th MS/HS has the choice of Orange juice	1 Toast & Jelly, Cereal, Yogurt Parfaits, Fruit	2 Omelet, Toast & jelly, Cereal, Fruit	3 Donuts, Cereal, Fruit, Yogurt	4
		Italian Chicken patty/Bun, Broccoli, Lettuce, Spinach salad, Carrots, Celery, Cucumbers, Pineapple, Apricots, Mandarin Oranges	Garlic Cheese flat bread, Green Beans, Lettuce, Caesar salad, Carrots, Cauliflower, Peppers, Peaches, Mixed Fruit	Nachos, Lettuce, Pasta salad, Tomato, Onions, Olives, Salsa, Carrots, Broccoli, Celery, Applesauce, Pineapple, Cookie	5
6 Egg & Cheese Biscuit, Cereal, Fruit	7 Toast & Jelly, Cereal, Juice, Yogurt	8 French toast sticks & Sausage or Cereal, Fruit	9 Scrambled Eggs, Toast, Cereal, Fruit	10 Cinnamon Roll, Cereal, Fruit	11
Chicken Drummies, Peas, B/B, Mixed Lettuce, Caesar salad, Carrots, Peppers, Cucumbers, Apples	Hamburger/Bun, Sweet Potato fries, Lettuce, Pasta salad, Broccoli, Cauliflower, Tomato, Onion, Peaches, Strawberries	Popcorn Chicken, Broccoli w/Cheese, Lettuce, Carrots, Cauliflower, B/B, Banana	Chicken Fajita's, Tortilla, Mixed Vegetables, Lettuce, Spinach salad, Carrots, Celery, Salsa, Olives, Cheese, Applesauce, Mandarin Oranges	Pepperoni Pizza, Lettuce, Cottage cheese, Carrots, Broccoli, Cucumbers, Peaches, Pears	12
13 No School PD Day	14 Pancakes & Sausage or Cereal, Juice, Fruit	15 Bagels & Cream cheese, Cereal, Fruit, Yogurt	16 Toast & jelly, Cereal, Yogurt Parfaits, Fruit	17 Muffin, Cereal, Fruit	18
	Turkey wrap, Cowboy Beans, Mixed lettuce, Pea salad, Carrots, Celery, Salsa, Olives, Cheese, Grapes, Peaches	Turkey, Mashed Potatoes & Gravy, Dinner roll, Carrots, Celery, Broccoli, Cranberry sauce, Applesauce, Pears	Chicken Nuggets, Corn, Mixed Lettuce, Caesar salad, B/B, Cauliflower, Carrots, Broccoli, Mandarin Oranges, Mixed Fruit	Ham, Tuna or Peanut butter sandwich, Hashbrown Casserole, Lettuce, Gelatin salad, Celery, Carrots, Broccoli, Oranges	19
20 Scrambled Eggs & Ham, Toast & Jelly or Cereal, Fruit	21 Granola bar, Cereal, Fruit, Juice	22 Toast & jelly, Cereal, Yogurt Parfaits, fruit	23 No School	24 No School	25
BBQ Chicken/Bun, Carrots, Mixed lettuce, Apple salad, Cauliflower, Broccoli, Peppers, Mandarin Oranges, Applesauce	Mini Corn Dogs, Corn, Lettuce, Caesar salad, Carrots, Broccoli, Garbanzo beans, Apple slices	Pizza Pasta Casserole, Garlic bread, Mixed lettuce, Broccoli salad, Carrots, Celery, Peppers, Pears, Peaches, Raisins			26
27 Pancake on a stick, Cereal, Fruit	28 Toast & Jelly, Cereal, Fruit, Juice	29 Omelet, Toast & jelly, Cereal, Fruit	30 Coffee cake, Cereal, Yogurt Parfaits, Fruit	<i>All bread products served are Whole grain USDA is an equal opportunity provider and employer</i>	
Teriyaki Chicken/Rice, Italian blend Vegetables, Lettuce, Cabbage salad, Carrots, Cauliflower, Pears, Strawberries	Maid-rite/Bun, Green Beans, Lettuce, Potato salad, Broccoli, Celery, Cucumbers, Peaches, Mixed Fruit	Chicken Strips, Broccoli w/ Cheese, Mixed Lettuce, Pasta salad, B/B, Celery, Cucumbers, Carrots, Banana	Pizza soup, Hoagie, Lettuce, Spinach salad, Tomato, Pickles, Carrots, Broccoli, Applesauce, Mandarin Oranges		